

# Thanksgiving Food Bag Guidelines

Please note the item sizes listed in **ORANGE** below.  
All cans are standard size.

- 1 bottle of shampoo
- 1 stick deodorant
- 2 bars of soap
- 1 tube of toothpaste
- 1 bag of laundry detergent  **pods**
- 1 Hormel or other brand of ham in a can (see below)
- 2 cans yams
- 2 cans green beans
- 2 instant mashed potatoes  **in a bag**
- 1 cornbread stuffing  **in a bag**
- 2 boxes of cornbread mix
- 1 can cranberry sauce
- 1 can pumpkin puree
- 1 can evaporated milk
- 1  **1lb** bag of dry beans
- 1  **1lb** bag of rice
- 2 cans of tuna
- 2 boxes of macaroni and cheese
- 1 can of Hunt's spaghetti sauce (**NO glass jars**)
- 1 package of spaghetti noodles
- 1  **plastic 18oz** jar of peanut butter
- 1  **plastic 18oz** jar of jelly
- 1 bag of cookies of your choice
- 2 cans of Pringles chips

This is a guide to assist in preparing a food bag for the needy. Dollar General is a great place to find the suggested items at great prices. We recommend purchasing the Dollar General reusable bags (see below) because of storage constraints.

It's important that all purchased items fit in the bag. Please don't buy larger sizes of the items listed above. Many of the recipients come to us on foot or on a bicycle therefore the bag cannot be extremely heavy.

We ask that you **ONLY** purchase the laundry detergent in the pods, no bottles of liquid detergent as they can be heavy and have the tendency to leak and ruin some of the labels on the items within the bag.

